



SNLE Review Series

مايو 2026

مراجعة مركزة للأسئلة والاجابات الصحيحة

مذكرة مصممة تساعدك على مراجعة المحتوى بوضوح وفهم الاجابة الصحيحة والعودة للمعلومة بسرعة اثناء الاستعداد للاختبار.

[Focused Review](#)

[Verified Answers](#)

[Question Bank](#)

313 سؤال

تم التحديث في 30-07-2026

SnleNotes.com

Q-1

SnleNotes.com



A nurse is monitoring a patient receiving warfarin therapy for a deep vein thrombosis. Which laboratory value should the nurse evaluate to determine if the medication is within therapeutic range?

- A Hemoglobin level
- B White blood cell count
- C International normalized ratio (INR)
- D Platelet count

CORRECT

Q-2

SnleNotes.com



A postoperative infant who had a myelomeningocele repair has a clean, dry surgical incision. Which type of dressing should the nurse apply to protect the site while allowing healing?

- A Dry sterile dressing
- B Moist sterile dressing
- C Occlusive transparent dressing
- D No dressing needed

CORRECT

Q-3

SnleNotes.com



A home health nurse visits an elderly patient who lives alone and has a history of falls. Which standardized assessment tool is most appropriate for evaluating the patient's fall risk?

- A Barn Scale
- B Hendrich II Fall Risk Model
- C GCS Scale
- D Norton Scale

CORRECT

Q-4

SnleNotes.com



A multiparous woman in active labor has progressed from 3 cm to 7 cm dilation in 2 hours. She now reports a strong urge to have a bowel movement. What is the nurse's priority action?

- A Provide a bedpan for bowel movement
- B Perform a vaginal examination to assess for full dilation
- C Allow the patient to use the toilet
- D Administer prescribed pain medication

CORRECT

Q-5

SnleNotes.com



A nurse reads several research studies that suggest increased patient mobility reduces postoperative pain. To determine whether these findings are generalizable to the nurse's own patient population, what should the nurse evaluate first?

- A Research author credentials
- B Sample size and diversity of study populations
- C Journal impact factor
- D Publication date

CORRECT

Q-6

SnleNotes.com



A charge nurse assigns a task involving sensitive patient information to an intern nurse. Later, the charge nurse assumes the intern is highly competent in all areas because of one positive performance. This cognitive bias is known as:

- A Making decisions based on one positive trait (halo effect)
- B Delegating inappropriate tasks to new staff
- C Failing to provide adequate supervision
- D Creating unrealistic expectations

CORRECT

Q-7

SnleNotes.com



A patient reports difficulty falling asleep and frequent nighttime awakenings for several months. The nurse reviews the patient's diet and lifestyle. Which vitamin deficiency is most commonly linked to sleep disturbances?

- A Vitamin B12
- B Vitamin C
- C Vitamin D**
- D Vitamin A

CORRECT**Q-8**

SnleNotes.com



A patient in a persistent vegetative state receiving long-term enteral nutrition is at highest risk for deficiency of which vitamin?

- A Vitamin D
- B Vitamin B12**
- C Vitamin C
- D Folate

CORRECT**Q-9**

SnleNotes.com



A woman with gestational diabetes delivers a full-term infant. In the first few hours after birth, the nurse should monitor the newborn most closely for which complication?

- A Hyperglycemia
- B Hypoglycemia**
- C Hypernatremia
- D Hyponatremia

CORRECT**Q-10**

SnleNotes.com



A public health nurse administers the meningococcal vaccine to pilgrims before they travel to Hajj. This intervention is classified as which level of prevention?

- A Primary prevention**
- B Secondary prevention
- C Tertiary prevention
- D Quaternary prevention

CORRECT**Q-11**

SnleNotes.com



A pregnant woman weighs 46 kg, is 164 cm tall (BMI ~17.1), and reports eating approximately 1800 calories per day. Which nursing diagnosis is most appropriate?

- A Balanced nutrition
- B Imbalanced nutrition: less than body requirements**
- C Imbalanced nutrition: more than body requirements
- D Risk for nutritional deficit

CORRECT**Q-12**

SnleNotes.com



A patient with active pulmonary tuberculosis is admitted to the medical unit. Which type of infection control precautions should the nurse implement?

- A Contact precautions
- B Droplet precautions
- C Airborne precautions**
- D Standard precautions only

CORRECT

Q-13

SnleNotes.com



A child is suspected of having bacterial meningitis. The child lives with several family members. What is the priority nursing intervention?

- A Educate family about disease transmission
- B Screen family members for symptoms
- C **Initiate isolation precautions for the child**
- D Administer prophylactic antibiotics to family members

CORRECT

Q-14

SnleNotes.com



A patient taking lorazepam for anxiety asks the nurse if it is safe to have a glass of wine. The nurse explains that benzodiazepines should not be taken with which substance due to the risk of severe respiratory depression?

- A Caffeine
- B **Alcohol**
- C Tobacco
- D Dairy products

CORRECT

Q-15

SnleNotes.com



A mother gives birth to a baby with a cleft palate. Before the infant is discharged, the nurse prioritizes teaching the mother about which aspect of care?

- A Positioning techniques
- B **Feeding techniques**
- C Breathing exercises
- D Wound care

CORRECT

Q-16

SnleNotes.com



A community health nurse is planning interventions to reduce tuberculosis transmission in a high-incidence area. Which strategy is most effective at the population level?

- A Regular screening programs
- B **BCG vaccination of susceptible populations**
- C Improved ventilation systems
- D Contact tracing of active cases

CORRECT

Q-17

SnleNotes.com



A patient has a blood pressure reading of 196/110 mmHg confirmed on three separate occasions. The nurse classifies this blood pressure as:

- A Mild hypertension
- B Moderate hypertension
- C **Severe hypertension**
- D Hypertensive crisis

CORRECT

Q-18

SnleNotes.com



A nurse demonstrates positive self-concept by which of the following behaviors?

- A **Acknowledging their own strengths and weaknesses**
- B Always appearing confident in front of patients
- C Avoiding asking for help from colleagues
- D Focusing only on professional achievements

CORRECT

Q-19

SnleNotes.com



A pregnant woman in her third trimester presents with sudden, severe abdominal pain and dark vaginal bleeding. The cervix is closed on examination. The nurse suspects which condition?

A Placenta previa

B Abruptio placentae (placental abruption)

CORRECT

C Chorioamnionitis

D Preterm labor

Q-20

SnleNotes.com



A 28-year-old woman who previously had a healthy child has been trying to conceive for 14 months without success. This situation is best defined as:

A Inability to conceive after 6 months of unprotected intercourse

B Absence of menstruation for 3 years

C Inability to carry pregnancy to term after conception

D Inability to conceive after having at least one previous pregnancy despite 12 months of unprotected intercourse

CORRECT

Q-21

SnleNotes.com



An elderly patient with an IV cannula becomes restless and complains of itching and difficulty breathing during an infusion. What is the priority nursing action?

A Discontinue the IV infusion immediately

CORRECT

B Slow down the infusion rate and monitor

C Administer antihistamine and continue infusion

D Document the findings and notify the physician later

Q-22

SnleNotes.com



A nurse is assessing the weight of a child between 2.5 and 4 years old. What is the expected normal weight range for this age group?

A 10 to 16 kg

CORRECT

B 8 to 12 kg

C 15 to 20 kg

D 12 to 18 kg

Q-23

SnleNotes.com



A nurse is assisting with chest tube insertion for a patient with a pleural effusion. The provider places the chest tube at which anatomical location?

A At the midline

B Between the 6th and 7th ribs at the midaxillary line

CORRECT

C At the sternal border

D Between the 3rd and 4th ribs

Q-24

SnleNotes.com



A nurse is assessing a patient for appendicitis. The nurse notes that pain increases when pressure is suddenly released from the right lower quadrant. This finding is known as rebound tenderness, which is elicited by:

A Pain that occurs when pressure is applied

B Pain that occurs when pressure is suddenly released

CORRECT

C Constant abdominal pain

D Pain that radiates to the back

Q-25

SnleNotes.com



A patient scheduled for a cardiac catheterization tells the nurse, "I don't understand the side effects of this procedure." What is the nurse's best action?

- A Explain the side effects again
- B **Notify the surgeon (or proceduralist) to re-consent the patient**
- C Proceed with the procedure
- D Document that the patient understands

CORRECT

Q-26

SnleNotes.com



The head nurse determines that additional nursing staff will be needed for the next fiscal year and begins the recruitment process. This management function is called:

- A Planning
- B Directing
- C Controlling
- D **Organizing**

CORRECT

Q-27

SnleNotes.com



A patient scheduled for a right total knee replacement reports a severe allergy to shellfish. Why is this allergy particularly important?

- A Shellfish allergies could indicate a negative reaction to anesthesia
- B The patient cannot receive donor packed red blood cells if needed
- C **A seafood allergy can indicate allergy to povidone-iodine (Betadine) used for skin preparation**
- D A seafood allergy can be a precursor to malignant hyperthermia

CORRECT

Q-28

SnleNotes.com



A patient with a permanent pacemaker asks about activity restrictions. Which activity should the nurse advise the patient to avoid?

- A Using a cell phone (keep at least 6 inches away)
- B Doing light exercise
- C **Playing contact sports (risk of damage to device)**
- D Walking regularly

CORRECT

Q-29

SnleNotes.com



A patient presents with unilateral calf pain, swelling, and warmth. The nurse suspects which condition?

- A Muscle strain
- B **Deep vein thrombosis (DVT)**
- C Arterial occlusion
- D Cellulitis

CORRECT

Q-30

SnleNotes.com



A patient with Parkinson disease develops a stooped posture while taking medication. This finding is most characteristic of which condition?

- A Osteoporosis
- B **Parkinson disease**
- C Arthritis
- D Muscle weakness

CORRECT

Q-31

SnleNotes.com



A patient has a blood pressure reading consistently above 140/90 mmHg. According to standard guidelines, this indicates which stage of hypertension?

- A Prehypertension
- B Stage 1 hypertension
- C Stage 2 hypertension
- D Hypertensive crisis

CORRECT

Q-32

SnleNotes.com



A 20-year-old athletic patient has a mild S3 heart sound on auscultation. What is the most appropriate nursing action?

- A Document as an abnormal finding
- B Recognize this as a normal variant in young adults and athletes
- C Order an immediate echocardiogram
- D Prepare for cardiac catheterization

CORRECT

Q-33

SnleNotes.com



A hospital manager wants to conduct a study that requires selecting experienced nurse managers as participants. Which sampling method is most appropriate to intentionally select individuals with specific expertise?

- A Stratified sampling
- B Random sampling
- C Purposive sampling (judgmental sampling)
- D Convenience sampling

CORRECT

Q-34

SnleNotes.com



A newborn has a heart rate of 150 bpm. What is the most appropriate nursing action?

- A Reassure the mother that the baby is fine (normal newborn heart rate is 120–160 bpm)
- B Reassess heart rate after 10 minutes
- C Notify the physician immediately
- D Prepare for emergency intervention

CORRECT

Q-35

SnleNotes.com



A nurse is managing an intracranial pressure (ICP) monitoring device in the ICU. What is the priority nursing action to ensure accurate readings?

- A Zero the device at the level of the foramen of Monro at the beginning of each shift
- B Calibrate the transducer weekly
- C Check alarm settings daily
- D Zero the device at the end of the shift

CORRECT

Q-36

SnleNotes.com



An informatics nurse reviews patient records to check for completeness, accuracy, and compliance with documentation standards. This process is known as:

- A Auditing
- B Telehealth monitoring
- C Data mining
- D Quality assurance

CORRECT

Q-37

SnleNotes.com



A patient with a peptic ulcer is being discharged after a prolonged hospitalization. To prevent recurrence, the nurse emphasizes which teaching point as most important?

A Optimal nutrition

B Medication compliance (e.g., proton pump inhibitors, H. pylori eradication)

CORRECT

C Stress management

D Regular follow-up

Q-38

SnleNotes.com



A nurse is teaching a class about male infertility. Which statement is correct?

A Organic infertility is primary infertility

B Measles and mumps (especially orchitis) can cause infertility

CORRECT

C Age does not affect male fertility

D Stress is the leading cause of infertility

Q-39

SnleNotes.com



An elderly patient presents with hypoglycemia, hypotension, and hyperpigmentation. The patient is diagnosed with Addison disease. What is the most likely underlying cause?

A Longstanding hypothyroidism

B Iodine therapy

C Hyperglycemia

D Autoimmune destruction of the adrenal cortex

CORRECT

Q-40

SnleNotes.com



A patient with a chest tube has continuous bubbling in the water seal chamber. The nurse suspects an air leak. What should the nurse assess first?

A Air leak in the system (check connections, then chest tube site)

CORRECT

B Lung re-expansion (absence of bubbling can indicate re-expansion, but continuous bubbling indicates leak)

C Tube obstruction

D Patient positioning

Q-41

SnleNotes.com



An asthma patient on high-flow oxygen shows improvement. Which finding indicates this improvement?

A Lower forced expiration

B Increased forced inspiration

C Increased forced expiratory volume (improved forced expiration)

CORRECT

D Lower forced inspiration

Q-42

SnleNotes.com



A nurse applies a tourniquet to control severe bleeding from a limb. Prolonged application can lead to which complication?

A Limb ischemia

CORRECT

B Reduced blood flow (temporary, but ischemia is the serious risk)

C Nerve compression

D Muscle fatigue

Q-43

SnleNotes.com



A patient who underwent heart valve surgery one week ago now has a new systolic murmur on auscultation. What is the most likely cause?

- A Valve malfunction (e.g., paravalvular leak, prosthetic valve dysfunction)
- B Normal post-surgical finding
- C Fluid overload
- D Anesthetic effects

CORRECT

Q-44

SnleNotes.com



A patient is restless and agitated, with severe pain, swelling, and cyanosis around the umbilicus (Cullen sign). What is the priority concern?

- A Restlessness and anxiety
- B Severe pain
- C Poor perfusion (possible intra-abdominal hemorrhage or pancreatitis)
- D Infection

CORRECT

Q-45

SnleNotes.com



An elderly patient with a previous stroke and right-sided hemiplegia needs mobility assistance. What is the most appropriate approach?

- A Independent ambulation with an assistive device (e.g., cane or walker) and supervision
- B Dependent ambulation with wheelchair
- C Independent ambulation with no assistance
- D Bed rest with passive range of motion

CORRECT

Q-46

SnleNotes.com



A child is diagnosed with chicken pox (varicella). Which skin manifestation is characteristic of this infection?

- A Flat, red macules that do not contain fluid
- B Raised, fluid-filled vesicles on an erythematous base (dew drop on a rose petal)
- C Thick, scaly plaques with silver scales
- D Purpuric lesions that do not blanch

CORRECT

Q-47

SnleNotes.com



A patient is admitted with acute appendicitis and scheduled for surgery. Which preoperative nursing intervention is most important?

- A Administer a Fleet enema to clear the bowel
- B Keep the patient NPO (nothing by mouth)
- C Apply heat to the right lower quadrant
- D Encourage ambulation to reduce inflammation

CORRECT

Q-48

SnleNotes.com



A nurse is teaching a patient with stable angina about sublingual nitroglycerin. Which instruction is most important?

- A Take up to 3 doses, 5 minutes apart, and call 911 if pain persists
- B Swallow the tablet whole with water
- C Take one dose and wait 30 minutes before taking another
- D Store the medication in a warm, bright location

CORRECT

Q-49

SnleNotes.com



A charge nurse has 3 RNs and 1 nursing assistant on shift. Which task is most appropriate to delegate to the nursing assistant?

- A Assessing a post-operative patient for complications
- B Administering insulin to a diabetic patient
- C Providing frequent linen changes for an incontinent patient
- D Teaching a patient about discharge medications

CORRECT

Q-50

SnleNotes.com



A nurse observes a colleague in the cafeteria who appears to be choking and cannot speak. What is the most appropriate immediate intervention?

- A Leopold maneuvers
- B Trendelenburg position
- C Heimlich maneuver (abdominal thrusts)
- D Valsalva maneuver

CORRECT

Q-51

SnleNotes.com



A pregnant woman is at highest risk for developing gestational diabetes during which trimester?

- A First trimester
- B Second trimester
- C Third trimester (insulin resistance increases)
- D Risk is equal throughout pregnancy

CORRECT

Q-52

SnleNotes.com



A patient presents with abnormal tissue growth described as grape-like clusters on ultrasound. This finding is most consistent with which condition?

- A Ectopic pregnancy
- B Molar pregnancy (hydatidiform mole)
- C Placenta previa
- D Abruptio placentae

CORRECT

Q-53

SnleNotes.com



An infant is born with tracheoesophageal fistula (TEF). What is the priority nursing intervention before surgical repair?

- A Feed the infant small, frequent meals
- B Keep NPO and elevate the head of the bed
- C Encourage oral fluids to prevent dehydration
- D Place in prone position for drainage

CORRECT

Q-54

SnleNotes.com



A patient with diabetes insipidus presents with excessive thirst and large volumes of dilute urine. Which clinical manifestation is most characteristic of this disorder?

- A Polyuria (excessive urine output)
- B Polydipsia (excessive thirst)
- C Weight gain
- D Hypertension

CORRECT

Q-55

SnleNotes.com



A nurse is providing perineal care for a postpartum patient. What is the correct technique?

- A Use circular motions around the vulva
- B Apply warm water over the vulva from front to back (anterior to posterior)**
- C Cleanse from back to front to avoid contamination
- D Use soap and scrub vigorously

CORRECT

Q-56

SnleNotes.com



A child with Tetralogy of Fallot suddenly becomes cyanotic and short of breath during a crying spell. Which position is most beneficial to relieve this hypercyanotic episode?

- A Supine with legs elevated
- B Knee-chest position**
- C Left lateral position
- D Trendelenburg position

CORRECT

Q-57

SnleNotes.com



A patient with hypothyroidism is prescribed levothyroxine. When should the nurse advise the patient to take this medication?

- A At bedtime with a snack
- B In the morning on an empty stomach, at least 30–60 minutes before breakfast**
- C With lunch for better absorption
- D In the evening after dinner

CORRECT

Q-58

SnleNotes.com



A patient undergoes a craniotomy for tumor resection. Which post-operative nursing intervention is most appropriate to manage intracranial pressure?

- A Elevate head of bed to 30 degrees**
- B Keep patient in supine position
- C Encourage neck flexion exercises
- D Apply ice packs to the surgical site

CORRECT

Q-59

SnleNotes.com



A patient who had a total hip replacement (posterior approach) is being discharged. Which instruction should the nurse include to prevent dislocation?

- A Avoid hip flexion greater than 90 degrees**
- B Cross legs when sitting for comfort
- C Sleep on the operative side
- D Perform high-impact exercises immediately

CORRECT

Q-60

SnleNotes.com



A patient receiving morphine for postoperative pain has an oxygen saturation of 80% and a respiratory rate of 8 breaths/min. What is the priority nursing action?

- A Increase the morphine dose
- B Stop the medication, administer naloxone, and notify the physician**
- C Continue monitoring without intervention
- D Give supplemental oxygen only

CORRECT

Q-61

SnleNotes.com



When assessing the pulse of a healthy infant, which site is most appropriate and reliable?

- A Radial artery
- B Brachial artery**
- C Carotid artery
- D Femoral artery

CORRECT

Q-62

SnleNotes.com



A patient with diabetes insipidus is receiving desmopressin (DDAVP). What is the priority nursing intervention for this patient?

- A Monitor blood glucose levels
- B Monitor fluid intake and output (strict I&O)**
- C Restrict protein intake
- D Increase sodium intake

CORRECT

Q-63

SnleNotes.com



A pregnant woman with gestational diabetes is at increased risk for which fetal complication?

- A Delivering a large baby (macrosomia)**
- B Delivering a small baby
- C Preterm labor only
- D Decreased fetal movement

CORRECT

Q-64

SnleNotes.com



A pregnant woman arrives at the emergency department in active labor. The nurse assesses the cervix and finds it dilated to 8 cm. What is the priority nursing action?

- A Send her to the parking lot to wait
- B Call for immediate obstetric assistance and prepare for delivery**
- C Give her deep breathing exercises and transport upstairs
- D Discharge her home to wait

CORRECT

Q-65

SnleNotes.com



A nurse enters the room of a frightened child with burns and fractures. What is the most appropriate initial approach?

- A Enter quickly and begin procedures immediately
- B Greet the child gently and speak in a calm manner**
- C Avoid eye contact to reduce anxiety
- D Bring multiple staff members for restraint

CORRECT

Q-66

SnleNotes.com



A postpartum client is diagnosed with mastitis in the right breast. What is the most appropriate nursing advice regarding breastfeeding?

- A Continue breastfeeding from both breasts as tolerated (emptying the affected breast helps resolve infection)**
- B Breastfeed only from the left breast and pump the right breast
- C Stop breastfeeding completely until infection resolves
- D Switch to formula feeding temporarily for 48 hours

CORRECT

Q-67

SnleNotes.com



A nurse explains to a parent that the MMR vaccine protects against which diseases?

A	Measles, Mumps, Rubella	CORRECT
B	Meningitis, Malaria, Rickettsia	
C	Hepatitis A, B, C	
D	Influenza, Pneumonia, Pertussis	

Q-68

SnleNotes.com



A patient with active pulmonary tuberculosis is admitted. Which type of isolation precautions is required?

A	Droplet precautions	
B	Contact precautions	
C	Airborne precautions (with N95 respirator and negative pressure room)	CORRECT
D	Standard precautions only	

Q-69

SnleNotes.com



A nurse assesses an infant and finds a bulging anterior fontanelle. This finding most likely indicates:

A	Dehydration	
B	Increased intracranial pressure	CORRECT
C	Hypoglycemia	
D	Normal development	

Q-70

SnleNotes.com



A pregnant patient with severe preeclampsia is receiving magnesium sulfate. What is the primary purpose of this medication?

A	To prevent seizures (eclampsia)	CORRECT
B	To induce labor	
C	To reduce blood glucose levels	
D	To increase uterine contractions	

Q-71

SnleNotes.com



A premature newborn with respiratory distress syndrome receives surfactant replacement. Through which route is surfactant administered?

A	Intramuscular injection	
B	Oral administration	
C	Endotracheal tube (directly into the lungs)	CORRECT
D	Subcutaneous injection	

Q-72

SnleNotes.com



A public health nurse provides meningococcal vaccination to pilgrims before Hajj. This intervention represents which level of prevention?

A	Primary prevention	CORRECT
B	Secondary prevention	
C	Tertiary prevention	
D	Rehabilitation prevention	

Q-73

SnleNotes.com



A nurse is donning personal protective equipment (PPE) before entering a patient's room. What is the correct sequence?

- A Gloves → gown → mask → goggles
- B Gown → mask → goggles → gloves**
- C Mask → gloves → gown → goggles
- D Gloves → goggles → gown → mask

CORRECT**Q-74**

SnleNotes.com



A patient tells the nurse, "An AI chatbot advised me to change my medication dosage." What is the best nursing response?

- A Agree with the AI recommendation
- B Ignore the patient's concern
- C Educate the patient to follow only healthcare provider instructions and never rely on AI for medication changes**
- D Immediately increase the medication dose

CORRECT**Q-75**

SnleNotes.com



A patient taking morphine develops respiratory depression with an oxygen saturation of 80%. Which medication should the nurse prepare to administer as an antidote?

- A Ibuprofen
- B Acetaminophen
- C Naloxone (Narcan)**
- D Aspirin

CORRECT**Q-76**

SnleNotes.com



A child with chickenpox (varicella) should remain in isolation until:

- A Fever completely subsides
- B All vesicles become dry and crusted (usually about 5–7 days after rash onset)**
- C Rash disappears completely
- D Appetite returns to normal

CORRECT**Q-77**

SnleNotes.com



A 7-year-old child weighing 25 kg requires maintenance intravenous fluids over 24 hours. Using the Holliday–Segar method (4–2–1 rule), what is the appropriate daily fluid volume?

- A 1200 mL
- B 1400 mL
- C 1600 mL**
- D 1800 mL

CORRECT**Q-78**

SnleNotes.com



During a code blue, a nurse states she does not know how to operate the defibrillator. What is the most appropriate action?

- A Continue without the equipment
- B Ask the nurse to learn during the emergency
- C Immediately assign another qualified nurse to operate the equipment**
- D Postpone resuscitation efforts

CORRECT

Q-79

SnleNotes.com



A nurse discovers that she administered the wrong medication to a patient. What is the immediate priority action?

A Complete the incident report first

B Notify the physician immediately and monitor the patient

CORRECT

C Wait to see if adverse effects occur

D Administer the correct medication

Q-80

SnleNotes.com



During a home visit, a nurse finds elderly spouses living alone with expired medications and unsafe home conditions. What is the priority intervention?

A Assess their safety and contact social services

CORRECT

B Clean their home immediately

C Replace expired medications

D Contact their daughter who lives far away

Q-81

SnleNotes.com



A patient falls while in the nurse's care. What is the appropriate nursing action?

A Ignore minor falls to avoid paperwork

B Document the fall, assess for injuries, and notify the physician

CORRECT

C Only report if injuries are visible

D Help the patient up immediately without assessment

Q-82

SnleNotes.com



A woman with irregular menstrual cycles and no significant past medical history wants a safe, non-invasive contraceptive method that does not require a prescription. Which option is best?

A Male condom

CORRECT

B Intrauterine device (IUD)

C Combined oral contraceptive pills

D Diaphragm

Q-83

SnleNotes.com



A child is diagnosed with autism spectrum disorder. Which of the following is a known predisposing factor?

A Dysfunctional family environment

B Having a twin diagnosed with ADHD

C History of physical abuse

D Congenital rubella (maternal rubella infection during pregnancy)

CORRECT

Q-84

SnleNotes.com



A patient is diagnosed with HIV. Before starting antiretroviral therapy, which laboratory test is most important for assessing immune system status?

A CD4 count (T-cell count)

CORRECT

B Viral load

C Complete blood count

D HIV antibody titer

Q-85

SnleNotes.com



In diabetes insipidus, which part of the endocrine system is primarily affected?

- A Adrenal cortex
- B Adrenal medulla
- C **Posterior pituitary (deficiency of ADH)**
- D Anterior pituitary

CORRECT

Q-86

SnleNotes.com



A patient has a blood pressure of 125/82 mmHg with no other comorbidities. What is the most appropriate recommendation?

- A **Lifestyle and dietary modifications (e.g., DASH diet, exercise)**
- B Start furosemide (diuretic)
- C Start antihypertensive medication
- D Schedule immediate cardiology consultation

CORRECT

Q-87

SnleNotes.com



A conflict occurs between a head nurse and a staff member. The head nurse later addresses the issue directly with the staff member to resolve it. This management approach is called:

- A **Confrontation (direct problem-solving)**
- B Avoidance
- C Accommodation
- D Compromise

CORRECT

Q-88

SnleNotes.com



A strict vegetarian who does not eat meat, fish, or dairy is most likely to be deficient in which vitamin?

- A **Vitamin B12 (found almost exclusively in animal products)**
- B Riboflavin
- C Vitamin D
- D Vitamin C

CORRECT

Q-89

SnleNotes.com



The purified protein derivative (PPD) tuberculin skin test is administered by which route?

- A **Intradermal (into the dermis, forming a wheal)**
- B Subcutaneous
- C Intramuscular
- D Intravenous

CORRECT

Q-90

SnleNotes.com



A physician orders a dose of morphine that the nurse believes is unusually high for the patient's condition. What is the most appropriate nursing action?

- A Administer the dose as ordered
- B **Contact the prescribing physician to clarify the order**
- C Reduce the dose by half
- D Document concerns in the chart only

CORRECT

Q-91

SnleNotes.com



A patient with a pulmonary embolism (PE) would most likely present with which signs that the nurse should monitor?

- A **Tachypnea and tachycardia**
- B Leg swelling and warmth (DVT signs, but PE presents with respiratory symptoms)
- C Bradycardia and hypotension
- D Chest pain and bradypnea

CORRECT

Q-92

SnleNotes.com



A child undergoes cleft palate repair surgery. Before discharge, what is the most important advice to give the parents?

A	Feeding instructions (use of special nipples, avoiding straws, etc.)	CORRECT
B	Bathing techniques	
C	Activity restrictions	
D	Pain management	

Q-93

SnleNotes.com



A nurse reviews laboratory results and identifies a critical value that requires immediate intervention. Which value is most critical?

A	Lactate 18 mg/dL (critical if >4 mmol/L)	CORRECT
B	Prothrombin time 24 seconds (INR ~2.4, elevated but not immediately critical)	
C	Hemoglobin 10 g/dL (mild anemia)	
D	Platelet count 150,000 (normal)	

Q-94

SnleNotes.com



A patient presents with supraventricular tachycardia (SVT). Which ECG finding is most characteristic of this arrhythmia?

A	Narrow QRS complex with regular rhythm (usually)	CORRECT
B	Wide QRS complex with irregular rhythm	
C	Prolonged QT interval with T-wave inversion	
D	Delta waves with shortened PR interval (WPW pattern)	

Q-95

SnleNotes.com



A patient who received a corneal transplant one week ago develops eye redness, pain, and blurred vision. What is the most likely cause of this complication?

A	Bacterial infection	
B	Viral conjunctivitis	
C	Rejection reaction	CORRECT
D	Dry eye syndrome	

Q-96

SnleNotes.com



Evidence-based practice in nursing is best defined as:

A	Using only personal clinical experience to make decisions	
B	Integrating best research evidence with clinical expertise and patient values	CORRECT
C	Following hospital policies without question	
D	Implementing the newest available treatments	

Q-97

SnleNotes.com



A female patient requests that male nurses not enter her room. What is the most appropriate nursing action?

A	Place a sign on the door requesting staff to knock before entering	
B	Discuss the request with the head nurse to arrange appropriate staffing, respecting the patient's cultural/religious preference	CORRECT
C	Ignore the request as it interferes with patient care	
D	Tell the patient that male nurses are required for her care	

Q-98

SnleNotes.com



A nurse is calculating the tidal volume for a patient on mechanical ventilation. The patient weighs 70 kg. Using 6–8 mL/kg of ideal body weight, what is the appropriate tidal volume range?

- A 420–560 mL
- B 350–420 mL
- C 280–350 mL
- D 560–700 mL

CORRECT

Q-99

SnleNotes.com



A 15-week pregnant woman presents with a blood pressure of 210/110 mmHg. She had no known hypertension before pregnancy. What is the most likely diagnosis?

- A Chronic hypertension (pre-existing)
- B Gestational hypertension (occurs after 20 weeks)
- C Preeclampsia (usually after 20 weeks)
- D HELLP syndrome

CORRECT

Q-100

SnleNotes.com



A newborn at 38 weeks gestation weighs 1800 grams (approximately 4 lbs). How should this infant be classified?

- A Small for gestational age (SGA, weight below 10th percentile)
- B Very low birth weight (VLBW, <1500g, this is 1800g, so low birth weight but not VLBW)
- C Appropriate for gestational age (AGA)
- D Extremely low birth weight (ELBW, <1000g)

CORRECT

Q-101

SnleNotes.com



During fetal monitoring, the nurse notes early decelerations that mirror contractions. What is the most appropriate nursing intervention?

- A Change maternal position to lateral (early decelerations are usually benign, no intervention needed)
- B Assess maternal heart rate
- C Administer oxygen to mother
- D Prepare for emergency delivery

CORRECT

Q-102

SnleNotes.com



During the third stage of labor, which sign indicates that the placenta has separated from the uterine wall?

- A Fundal rise in the abdomen (uterus becomes globular and rises)
- B Decreased vaginal bleeding
- C Shortening of the umbilical cord (cord lengthens)
- D Maternal urge to push

CORRECT

Q-103

SnleNotes.com



An infant with a ventriculoperitoneal (VP) shunt presents with a bulging fontanelle, vomiting, and a high-pitched cry. These symptoms most likely indicate:

- A Shunt malfunction (increased intracranial pressure)
- B Normal post-operative healing
- C Dehydration
- D Sleep deprivation

CORRECT

Q-104

SnleNotes.com



For a child with a cleft lip, what positioning instruction should be given to parents after surgical repair?

A	Avoid prone positioning (to protect the suture line)	CORRECT
B	Encourage prone positioning	
C	Position only on the left side	
D	Position only on the right side	

Q-105

SnleNotes.com



A child with chickenpox (varicella) is in the pediatric unit. The child should remain in isolation until:

A	All lesions are dry and crusted	CORRECT
B	Fever subsides	
C	First lesions appear	
D	The child feels better	

Q-106

SnleNotes.com



A child with type 1 diabetes is planning to participate in a school sports activity. What dietary advice should the nurse provide to prevent hypoglycemia?

A	Increase carbohydrate intake before exercise	CORRECT
B	Decrease all food intake before exercise	
C	Avoid eating before exercise	
D	Only drink water before exercise	

Q-107

SnleNotes.com



A patient with chronic pain has developed tolerance to morphine. The physician may consider adding which medication to manage pain and reduce opioid tolerance? (Note: Naloxone is for overdose, not tolerance.) The intended answer may be "Higher dose morphine" but that's not ideal. I will correct to "Higher dose morphine" as that is what is done for tolerance. Or consider alternative. Given options, the best is higher dose morphine. But also consider opioid rotation. I'll stick with the original correct choice as "Naloxone" is wrong. I will change correct choice to "Higher dose morphine" but it's not listed. Actually options: Naloxone, Higher dose morphine, Acetaminophen, Ibuprofen. Naloxone is antidote, not for tolerance. The correct management is increasing dose or rotating opioid. So I will keep "Higher dose morphine" as the intended answer. I'll correct to that.

A	Naloxone	
B	Higher dose morphine	CORRECT
C	Acetaminophen	
D	Ibuprofen	

Q-108

SnleNotes.com



A charge nurse is implementing a new evidence-based protocol for wound care. Which leadership approach would be most effective for ensuring staff compliance and successful implementation?

A	Autocratic leadership with strict enforcement of new policies	
B	Transformational leadership with staff education and involvement in the change process	CORRECT
C	Laissez-faire leadership allowing staff to implement changes at their own pace	
D	Transactional leadership focusing only on rewards and punishments	

Q-109

SnleNotes.com



A nurse researcher is evaluating the effectiveness of a new pain management intervention. Which research design would provide the strongest evidence for clinical practice?

A	Descriptive cross-sectional study	
B	Qualitative phenomenological study	
C	Randomized controlled trial (RCT)	CORRECT
D	Case-control study	

Q-110

SnleNotes.com



A nurse is analyzing an ECG strip and observes: regular rhythm, rate 75 bpm, PR interval 0.18 seconds, QRS duration 0.08 seconds. What is the correct interpretation?

A	Normal sinus rhythm	CORRECT
B	Sinus bradycardia	
C	First-degree AV block	
D	Sinus tachycardia	

Q-111

SnleNotes.com



A patient weighing 70 kg is prescribed dopamine at 5 mcg/kg/min. The concentration is 400 mg in 250 mL (1600 mcg/mL). What is the correct infusion rate in mL/hr?

A	13.1 mL/hr	CORRECT
B	15.8 mL/hr	
C	18.2 mL/hr	
D	21.0 mL/hr	

Q-112

SnleNotes.com



A patient whose father recently died joins a grief support group to cope with his loss. The patient channels his emotions into helping others. Which defense mechanism is he primarily using?

A	Sublimation (channeling unacceptable impulses into socially acceptable activities)	CORRECT
B	Displacement	
C	Projection	
D	Denial	

Q-113

SnleNotes.com



A postpartum woman presents on day 15 after delivery with bright red vaginal bleeding. What is the priority nursing intervention?

A	Massage the fundus and empty the bladder (to rule out uterine atony or retained products)	CORRECT
B	Administer oxytocin medication	
C	Position the client in Trendelenburg position	
D	Encourage increased fluid intake	

Q-114

SnleNotes.com



A patient diagnosed with diabetes mellitus would most likely exhibit which classic symptom?

A	Excessive thirst (polydipsia)	CORRECT
B	Decreased appetite	
C	Weight gain	
D	Bradycardia	

Q-115

SnleNotes.com



A patient is diagnosed with MRSA (Methicillin-resistant *Staphylococcus aureus*) in a surgical wound. What type of isolation precautions should be implemented?

A	Contact precautions with private room (or cohorting)	CORRECT
B	Negative pressure room	
C	Airborne precautions only	
D	Standard precautions only	

Q-116

SnleNotes.com



A patient presents with fatigue, easy tiredness, and brittle spoon-shaped nails (koilonychia). These symptoms are most likely due to:

- | | | |
|---|------------------------|---------|
| A | Iron deficiency anemia | CORRECT |
| B | Malnutrition | |
| C | Vitamin B12 deficiency | |
| D | Hyperthyroidism | |

Q-117

SnleNotes.com



A patient with a valid Do Not Resuscitate (DNR) order is currently on mechanical ventilation and stable. What is the appropriate nursing action?

- | | | |
|---|---|---------|
| A | Transfer the patient to the medical ward (if ICU level of care is no longer needed) | CORRECT |
| B | Remove mechanical ventilation immediately | |
| C | Continue aggressive treatment in ICU | |
| D | Ignore the DNR order due to current ventilation | |

Q-118

SnleNotes.com



A nurse is consistently late for shifts, causing the night shift nurse to stay overtime. Another nurse reports this issue to the charge nurse. What is the most appropriate initial action?

- | | | |
|---|---|---------|
| A | Thank the reporting nurse and privately discuss the tardiness issue with the late nurse | CORRECT |
| B | Immediately suspend the tardy nurse | |
| C | Ignore the complaint as it is not a direct concern | |
| D | Publicly reprimand the late nurse in front of other staff | |

Q-119

SnleNotes.com



A patient on lithium therapy presents with hallucinations, confusion, and severe neurological symptoms. What level of toxicity does this indicate?

- | | | |
|---|---|---------|
| A | Mild toxicity (nausea, tremor) | |
| B | Moderate toxicity (ataxia, confusion) | |
| C | Severe toxicity (seizures, coma, neurological symptoms) | CORRECT |
| D | Therapeutic level | |

Q-120

SnleNotes.com



A nurse is triaging patients in the emergency department. Which patient should be seen first?

- | | | |
|---|--|---------|
| A | Patient with chest pain (possible cardiac emergency) | CORRECT |
| B | Patient with a minor laceration | |
| C | Patient with stable vital signs | |
| D | Patient with chronic back pain | |

Q-121

SnleNotes.com



A patient with active pulmonary tuberculosis is admitted. What type of isolation precautions should be implemented?

- | | | |
|---|--|---------|
| A | Contact precautions | |
| B | Droplet precautions | |
| C | Airborne precautions (N95 respirator, negative pressure) | CORRECT |
| D | Standard precautions | |

Q-122

SnleNotes.com



A nurse manager involves staff in decision-making and allows group input before making final decisions. What leadership style does this represent?

- A Autocratic
- B **Democratic**
- C Laissez-faire
- D Transformational

CORRECT

Q-123

SnleNotes.com



A child wears glasses for vision correction. What dietary recommendation should the nurse provide to the parents to support eye health?

- A **Foods rich in vitamin A**
- B Foods rich in vitamin C
- C Foods rich in vitamin D
- D Foods rich in vitamin K

CORRECT

Q-124

SnleNotes.com



A child presents with a vesicular rash, fever, and malaise. The nurse suspects chickenpox. These symptoms are most likely due to:

- A Measles
- B **Chickenpox (varicella)**
- C Scarlet fever
- D Fifth disease

CORRECT

Q-125

SnleNotes.com



Which task is most appropriate for a registered nurse to delegate to unlicensed assistive personnel (UAP)?

- A Medication administration
- B Patient assessment
- C **Daily hygiene activities (bathing, oral care, toileting)**
- D Care plan development

CORRECT

Q-126

SnleNotes.com



A nurse observes an ECG rhythm showing chaotic, irregular waveforms with no identifiable P waves, QRS complexes, or T waves. What rhythm does this represent?

- A Atrial fibrillation
- B Ventricular tachycardia
- C **Ventricular fibrillation**
- D Asystole

CORRECT

Q-127

SnleNotes.com



A nurse is administering the BCG (Bacillus Calmette-Guérin) vaccine to an infant. What is the correct route of administration?

- A **Intradermal**
- B Subcutaneous
- C Intramuscular
- D Intravenous

CORRECT

Q-128

SnleNotes.com



A pregnant woman in the third trimester presents with painless vaginal bleeding. Ultrasound shows the placenta completely covers the internal cervical os. This type of placenta previa is classified as:

- A Marginal placenta previa
- B Partial placenta previa
- C **Complete (total) placenta previa**
- D Low-lying placenta

CORRECT

Q-129

SnleNotes.com



A child undergoes a tonsillectomy. In the immediate postoperative period, what is the optimal positioning to protect the airway and allow drainage?

- A Supine with head extended
- B Prone position
- C **Semi-Fowler position with head turned to the side**
- D Trendelenburg position

CORRECT

Q-130

SnleNotes.com



A newborn is scheduled for tracheoesophageal fistula (TEF) repair. What is the priority preoperative nursing intervention?

- A **Keep the infant NPO (nothing by mouth)**
- B Administer prophylactic antibiotics
- C Position in Trendelenburg
- D Start IV fluids immediately

CORRECT

Q-131

SnleNotes.com



A mother presents with vaginal bleeding two weeks after delivery. This type of bleeding is classified as:

- A Primary postpartum hemorrhage (within 24 hours)
- B Early postpartum hemorrhage (within 24 hours)
- C **Late postpartum hemorrhage (24 hours to 6 weeks)**
- D Secondary lochia

CORRECT

Q-132

SnleNotes.com



A patient with placental abruption (abruptio placentae) presents with a rigid, board-like abdomen. Which sign is most characteristic of this condition?

- A Painless vaginal bleeding
- B **Rigid, board-like abdomen (due to concealed hemorrhage and uterine irritability)**
- C Soft, boggy uterus
- D Intermittent cramping

CORRECT

Q-133

SnleNotes.com



A nurse assesses a newborn's umbilical cord stump and notes redness, warmth, and purulent drainage at the base. This finding indicates:

- A Dry, dark cord stump (normal)
- B **Reddened base around umbilicus (possible infection, omphalitis)**
- C Clear serous drainage (normal during healing)
- D Normal cord separation

CORRECT

Q-134

SnleNotes.com



During pregnancy, hemodilution occurs primarily due to:

- A Decreased red blood cell production
- B Increased plasma volume (greater increase than RBC mass)
- C Iron deficiency
- D Decreased cardiac output

CORRECT

Q-135

SnleNotes.com



Laboratory results for a patient with hyperthyroidism will typically show:

- A Increased TSH levels
- B Decreased TSH levels (negative feedback)
- C Normal TSH levels
- D Fluctuating TSH levels

CORRECT

Q-136

SnleNotes.com



Even small amounts of hypoxia in a patient following brain surgery can cause:

- A Decreased blood pressure
- B Increased intracranial pressure (cerebral vasodilation)
- C Improved neurological function
- D Reduced cerebral edema

CORRECT

Q-137

SnleNotes.com



A patient is taking warfarin for atrial fibrillation. Which laboratory test should the nurse monitor to evaluate the effectiveness of the medication?

- A International Normalized Ratio (INR)
- B Hemoglobin level
- C White blood cell count
- D Platelet count

CORRECT

Q-138

SnleNotes.com



Which hormone is primarily responsible for endometrial proliferation and breast development during puberty?

- A Estrogen
- B Progesterone
- C Follicle-stimulating hormone (FSH)
- D Luteinizing hormone (LH)

CORRECT

Q-139

SnleNotes.com



A mother with type 1 diabetes has just delivered a healthy newborn. How should her insulin dosage be adjusted in the immediate postpartum period?

- A Decrease the insulin dosage (insulin requirements drop dramatically after delivery)
- B Increase the insulin dosage
- C Keep the dosage the same
- D Discontinue insulin temporarily

CORRECT

Q-140

SnleNotes.com



An infant is covered with a blanket. Heat loss from the infant to the blanket and surrounding air occurs primarily through which two mechanisms?

- | | | |
|---|---|---------|
| A | Conduction (direct contact with blanket) and radiation (to cooler surfaces) | CORRECT |
| B | Elaboration and radiation | |
| C | Conduction and evaporation | |
| D | Convection and evaporation | |

Q-141

SnleNotes.com



A patient after rectal surgery (e.g., hemorrhoidectomy) complains of perineal pain. What comfort measure is most appropriate?

- | | | |
|---|------------------------------|---------|
| A | Sitz bath (warm water soaks) | CORRECT |
| B | Ice packs | |
| C | Heating pad | |
| D | Prone positioning | |

Q-142

SnleNotes.com



A patient presents with shock symptoms following a spinal cord injury, but exhibits bradycardia instead of tachycardia. Which type of shock is most likely?

- | | | |
|---|--|---------|
| A | Neurogenic shock (loss of sympathetic tone, bradycardia and hypotension) | CORRECT |
| B | Hypovolemic shock (tachycardia) | |
| C | Cardiogenic shock (tachycardia or bradycardia) | |
| D | Septic shock (tachycardia, fever) | |

Q-143

SnleNotes.com



A postpartum mother continues to have heavy bleeding despite uterine massage and ensuring an empty bladder. The nurse's priority action is to:

- | | | |
|---|----------------------------------|---------|
| A | Notify the physician immediately | CORRECT |
| B | Continue uterine massage | |
| C | Administer pain medication | |
| D | Encourage ambulation | |

Q-144

SnleNotes.com



A nurse assesses a postpartum patient on day 2. Which finding should be reported to the physician immediately?

- | | | |
|---|---|---------|
| A | Lochia rubra with large blood clots (greater than a quarter) or saturating one pad per hour | CORRECT |
| B | Lochia rubra (normal for days 1-3) | |
| C | Soft uterus (should be firm; boggy uterus indicates atony) | |
| D | Breast engorgement (common on day 2-3) | |

Q-145

SnleNotes.com



A patient with lung cancer has started chemotherapy and is unable to finish meals. The nurse suspects the most likely cause of decreased appetite is:

- | | | |
|---|---|---------|
| A | Altered taste sensation (dysgeusia from chemotherapy) | CORRECT |
| B | Difficulty swallowing | |
| C | Nausea and vomiting | |
| D | Dental problems | |

Q-146

SnleNotes.com



A patient presents with back pain and a pulsatile abdominal mass. These are characteristic symptoms of:

- A Aortic aneurysm (abdominal aortic aneurysm)
- B Chest pain and shortness of breath
- C Leg pain and swelling
- D Headache and dizziness

CORRECT

Q-147

SnleNotes.com



A nurse reviews an ECG strip showing a heart rate of 55 beats per minute with regular P waves followed by QRS complexes. How should this rhythm be documented?

- A Sinus bradycardia
- B Sinus tachycardia
- C Normal sinus rhythm
- D Sinus arrhythmia

CORRECT

Q-148

SnleNotes.com



A child with suspected appendicitis has abdominal pain when the nurse flexes the right hip and internally rotates the thigh. This finding is known as:

- A McBurney sign (tenderness at McBurney point)
- B Rovsing sign (pain in RLQ with palpation of LLQ)
- C Obturator sign
- D Psoas sign

CORRECT

Q-149

SnleNotes.com



Combined oral contraceptives primarily prevent pregnancy by:

- A Thickening cervical mucus
- B Preventing ovulation (suppression of FSH/LH)
- C Altering endometrial lining
- D Reducing sperm motility

CORRECT

Q-150

SnleNotes.com



A patient presents with fatigue, diarrhea, fever, and dry cough. These symptoms are most consistent with which viral illness?

- A Influenza
- B Gastroenteritis
- C COVID-19
- D Pneumonia

CORRECT

Q-151

SnleNotes.com



An infant with cleft lip and palate is being fed before surgical repair. Which position is optimal to reduce nasal regurgitation and aspiration?

- A Supine position
- B Side-lying position
- C Upright position (semi-upright or sitting)
- D Prone position

CORRECT

Q-152

SnleNotes.com



A newborn is diagnosed with esophageal atresia. What is the priority preoperative intervention?

- A Administer antibiotics
- B Continuous suction with a double-lumen catheter (Replogle tube) to prevent aspiration**
- C Position in Trendelenburg
- D Begin enteral feeding

CORRECT

Q-153

SnleNotes.com



A newborn with esophageal atresia presents with which classic symptoms?

- A Vomiting and diarrhea
- B Coughing, choking, and cyanosis during the first feeding**
- C Fever and lethargy
- D Abdominal distension and constipation

CORRECT

Q-154

SnleNotes.com



A child with nephrotic syndrome presents with generalized edema and frothy urine. Which clinical manifestations are characteristic of this condition?

- A Hematuria and oliguria
- B Edema and proteinuria**
- C Fever and flank pain
- D Hypertension and azotemia

CORRECT

Q-155

SnleNotes.com



A patient is taking isoniazid (INH) for latent tuberculosis. The nurse should monitor for which common side effect?

- A Hepatotoxicity
- B Peripheral neuropathy (due to vitamin B6 depletion)**
- C Ototoxicity
- D Nephrotoxicity

CORRECT

Q-156

SnleNotes.com



A patient is prescribed isoniazid (INH). To prevent peripheral neuropathy, the nurse should expect the physician to prescribe which vitamin?

- A Vitamin B1 (thiamine)
- B Vitamin B6 (pyridoxine)**
- C Vitamin B12 (cobalamin)
- D Vitamin C

CORRECT

Q-157

SnleNotes.com



A patient undergoes intravenous pyelography (IVP). After the procedure, what is the priority nursing intervention to prevent contrast-induced nephropathy?

- A Maintain strict bed rest for 24 hours
- B Encourage increased fluid intake**
- C Monitor vital signs every 15 minutes
- D Apply ice packs to the injection site

CORRECT

Q-158

SnleNotes.com



A child with nephrotic syndrome is in remission. To prevent recurrence, the nurse teaches the parents to prioritize which action?

- A Teach daily urine protein monitoring (dipstick)
- B Ensure strict adherence to prescribed medications (e.g., corticosteroids)**
- C Implement a low-sodium diet
- D Encourage increased physical activity

CORRECT

Q-159

SnleNotes.com



A child presents with right lower quadrant pain, nausea, and low-grade fever, suspected of appendicitis. What is the first nursing action?

- A Administer pain medication as ordered
- B Prepare the patient for an ultrasound or CT scan**
- C Apply heat to the abdomen
- D Encourage oral fluid intake

CORRECT

Q-160

SnleNotes.com



A patient with hepatic encephalopathy received lactulose enemas, and ammonia levels are now normal, but the patient remains comatose. The nurse suspects the patient may have taken which substance?

- A Acetaminophen overdose
- B Glutamine supplements (can increase ammonia in brain)**
- C Alcohol withdrawal medication
- D High-protein supplements

CORRECT

Q-161

SnleNotes.com



A nurse is teaching nursing students about hormone pathways. Which statement correctly describes the synthesis and secretion of oxytocin?

- A Oxytocin is both synthesized and secreted by the posterior pituitary gland
- B Oxytocin is synthesized in the hypothalamus and secreted by the posterior pituitary gland**
- C Oxytocin is synthesized and secreted by the anterior pituitary gland
- D Oxytocin is produced and secreted directly by the adrenal medulla

CORRECT

Q-162

SnleNotes.com



A graph shows that as DTP and measles vaccination rates increased from 1986 to 1999, mortality rates from these diseases decreased. What relationship is demonstrated?

- A As vaccination rates increase, the number of deaths increases
- B As vaccination rates increase, the number of deaths decreases**
- C Vaccination rates have no effect on the number of deaths
- D Death rates fluctuate independently of vaccination rates

CORRECT

Q-163

SnleNotes.com



A nurse is conducting a prenatal class for women at 39 weeks gestation. Which topic should be the primary focus?

- A Pain management strategies during labor**
- B Proper nutrition during pregnancy
- C Exercise routines for the third trimester
- D Signs of postpartum depression

CORRECT

Q-164

SnleNotes.com



A pregnant woman with gestational diabetes demonstrates understanding of her condition when she states:

A I need to monitor my blood sugar levels regularly

B I'm at risk of having a large for gestational age baby (macrosomia)

CORRECT

C I should avoid all carbohydrates in my diet

D I can stop checking my glucose after delivery

Q-165

SnleNotes.com



A nurse is teaching pregnant women about red flags that may indicate potential fetal loss. Which sign should be reported immediately?

A Headache

B Vaginal bleeding

CORRECT

C Mild nausea

D Leg cramps

Q-166

SnleNotes.com



A patient is taking progestin-only oral contraceptives (mini-pills). Which common side effect should the nurse discuss?

A Spotting (irregular bleeding)

CORRECT

B Weight gain

C Severe headaches

D Breast tenderness

Q-167

SnleNotes.com



A patient wants to take nitroglycerin every 3 minutes instead of every 5 minutes because an AI chatbot suggested it. What is the nurse's best response?

A Agree with the AI recommendation

B Explain the correct dosing protocol (every 5 minutes for up to 3 doses) and emphasize not relying on AI for medication dosing

CORRECT

C Tell the patient to consult their physician only

D Ignore the patient's concern

Q-168

SnleNotes.com



A mother brings her child who is prescribed iron supplements for iron deficiency anemia. What advice should the nurse provide to enhance absorption?

A Give the iron supplement with citrus juice (vitamin C enhances absorption)

CORRECT

B Administer the iron supplement with milk

C Take the iron supplement with antacids

D Give the iron supplement with tea or coffee

Q-169

SnleNotes.com



A patient with iron deficiency anemia is non-compliant with her prescribed iron therapy. What potential consequence should the nurse discuss with the patient if non-compliance continues?

A Decreased cognitive function (fatigue, poor concentration)

CORRECT

B Increased bone density

C Improved energy levels

D Enhanced immune response

Q-170

SnleNotes.com



Vaccination for Hajj pilgrims to prevent meningococcal meningitis is an example of which level of prevention?

A	Primary prevention	CORRECT
B	Secondary prevention	
C	Tertiary prevention	
D	Quaternary prevention	

Q-171

SnleNotes.com



A child with nephrotic syndrome may present with which symptom?

A	Hypotension	
B	Abdominal pain (due to ascites or edema)	CORRECT
C	Hypertension (can occur but not characteristic)	
D	Bradycardia	

Q-172

SnleNotes.com



A female patient with no symptoms tests positive for Chlamydia. This type of infection is considered:

A	Subclinical (asymptomatic infection)	CORRECT
B	Acute	
C	Chronic	
D	Latent	

Q-173

SnleNotes.com



According to WHO recommendations, how many antenatal visits are recommended during a normal pregnancy?

A	6-8 visits	
B	8-10 visits	CORRECT
C	10-12 visits	
D	12-14 visits	

Q-174

SnleNotes.com



A cancer patient has cachexia documented in the chart. During assessment, the nurse expects to observe:

A	Muscle wasting (severe weight loss, muscle atrophy)	CORRECT
B	Fluid retention	
C	Weight gain	
D	Increased appetite	

Q-175

SnleNotes.com



A public health nurse is planning strategies to reduce the spread of tuberculosis. Which method is most effective at the community level?

A	BCG vaccine (in high-burden countries)	CORRECT
B	Isolation precautions for active cases	
C	Antibiotic prophylaxis for latent cases	
D	Contact tracing	

Q-176

SnleNotes.com



Agranulocytosis (severe neutropenia) is a rare but serious side effect most commonly associated with which type of medication?

A	Atypical antipsychotics (e.g., clozapine)	CORRECT
B	Beta blockers	
C	ACE inhibitors	
D	Proton pump inhibitors	

Q-177

SnleNotes.com



A child presents with acute abdominal pain, vomiting, and red jelly-like stool. These findings are classic for:

A	Red jelly-like stool (intussusception)	CORRECT
B	Projectile vomiting (pyloric stenosis)	
C	High fever	
D	Decreased bowel sounds	

Q-178

SnleNotes.com



A child with Hirschsprung disease typically presents with which primary symptoms?

A	Constipation and failure to thrive	CORRECT
B	Diarrhea and weight loss	
C	Vomiting and dehydration	
D	Abdominal pain and fever	

Q-179

SnleNotes.com



A nurse notices an increasing number of pressure injuries on a ward and reports the trend to the manager for corrective action. This action represents:

A	Advocacy	
B	Case management	
C	Quality improvement	CORRECT
D	Risk management	

Q-180

SnleNotes.com



A patient is scheduled for a hysterectomy. Who is primarily responsible for explaining the procedure, risks, and obtaining informed consent?

A	Staff nurse	
B	Physician (surgeon)	CORRECT
C	Social worker	
D	Nurse manager	

Q-181

SnleNotes.com



A patient with schizophrenia reports an inability to experience pleasure (anhedonia). This symptom is classified as:

A	Positive symptom (hallucinations, delusions)	
B	Negative symptom (affective flattening, anhedonia, avolition)	CORRECT
C	Anxiety disorder	
D	Manic episode	

Q-182

SnleNotes.com



A patient with Addison disease (adrenal insufficiency) typically presents with which characteristic skin finding?

A	Hyperpigmentation (bronze skin due to increased ACTH)	CORRECT
B	Pale skin	
C	Moon face (Cushing syndrome)	
D	Buffalo hump (Cushing syndrome)	

Q-183

SnleNotes.com



A patient with Cushing syndrome (hypercortisolism) typically presents with which characteristic physical finding?

A	Moon face (rounded, red, full face)	CORRECT
B	Weight loss	
C	Hyperpigmentation (Addison disease)	
D	Muscle hypertrophy	

Q-184

SnleNotes.com



A newborn is delivered to a mother with gestational diabetes mellitus (GDM). What is the most likely complication to expect in this newborn immediately after birth?

- A Hypoglycemia** **CORRECT**
- B Hyperglycemia
- C Hyperthermia
- D Bradycardia

Q-185

SnleNotes.com



A large-for-gestational-age newborn is born to a mother with gestational diabetes. What should be the priority monitoring focus for this newborn?

- A Blood glucose levels** **CORRECT**
- B Blood pressure
- C Respiratory rate
- D Heart rate

Q-186

SnleNotes.com



A premature newborn is suspected of having Respiratory Distress Syndrome (RDS). Which clinical signs would confirm this diagnosis?

- A Nasal flaring and tachypnea** **CORRECT**
- B Bradycardia and hypertension
- C Fever and increased appetite
- D Normal respiratory rate and pink color

Q-187

SnleNotes.com



A nursing student asks a nurse for her password and ID to access the system to obtain patient information. How would this request be classified?

- A Privacy violation
- B Security breach (improper access attempt)
- C Authorization violation** **CORRECT**
- D Confidentiality breach

Q-188

SnleNotes.com



A physician wants to use a nurse's logged-in computer to view lab results. What should the nurse do?

- A Allow the physician to use her login credentials
- B Log out and allow the physician to log in with his own credentials** **CORRECT**
- C Share the screen while remaining logged in
- D Ask the physician to wait until she finishes her work

Q-189

SnleNotes.com



Several nurses request assistance from the head nurse regarding a patient care issue. This represents which type of communication?

- A Downward communication (manager to staff)
- B Upward communication (staff to manager)** **CORRECT**
- C Lateral communication (peer to peer)
- D Diagonal communication (across different levels and departments)

Q-190

SnleNotes.com



A patient has undergone cardiac catheterization via the femoral artery. What is the appropriate position for this patient immediately post-procedure?

- A Lying flat with the affected leg straight (to prevent bleeding) CORRECT**
- B High Fowler's position
- C Trendelenburg position
- D Semi-Fowler's position

Q-191

SnleNotes.com



A patient has burns on both arms and the face. What is the best location to assess the pulse in this patient?

- A Radial pulse (may be burned or inaccessible)
- B Carotid pulse (in the neck, usually not burned)
- C Femoral pulse (groin area, often spared) CORRECT**
- D Pedal pulse

Q-192

SnleNotes.com



A nurse is caring for patients with lower extremity amputations. What is the correct positioning approach?

- A Above knee amputation: elevate stump on pillow; Below knee amputation: avoid pillow elevation and apply ice as ordered to reduce edema CORRECT**
- B Above knee amputation: keep flat without pillow; Below knee amputation: elevate on multiple pillows
- C Both above knee and below knee amputations should be elevated on pillows continuously
- D Both above knee and below knee amputations should avoid pillow elevation

Q-193

SnleNotes.com



A nurse palpates an olive-like mass in the epigastric area of a 6-week-old infant who has been projectile vomiting. This finding is most characteristic of:

- A Intussusception (sausage-shaped mass in RUQ)
- B Pyloric stenosis (olive-shaped mass in epigastrium) CORRECT**
- C Hirschsprung disease (distended abdomen)
- D Gastroesophageal reflux

Q-194

SnleNotes.com



A patient with eclampsia is receiving magnesium sulfate. What is the primary mechanism of action of this medication?

- A Reduces blood pressure by vasodilation
- B Prevents seizures by CNS depression (anticonvulsant effect) CORRECT**
- C Increases urine output by diuretic effect
- D Stabilizes cardiac rhythm by electrolyte balance

Q-195

SnleNotes.com



A pregnant client is diagnosed with preeclampsia. Which clinical findings would the nurse expect to assess?

- A High blood pressure with increased blood glucose
- B High blood pressure with proteinuria CORRECT**
- C Low blood pressure with peripheral edema
- D Normal blood pressure with severe headaches

Q-196

SnleNotes.com



A nurse is administering antibiotics to a patient when she receives a call about another patient experiencing severe pain. What is the most appropriate immediate action?

- A Write a brief note and complete full documentation later
- B Tell the patient to wait 10 minutes while finishing current task
- C Leave current patient to immediately assess the patient in pain
- D **Complete the antibiotic administration before responding to the call (finish the task at hand, then respond)**

CORRECT**Q-197**

SnleNotes.com



A mother in the delivery room has a hemoglobin level of 6 g/dL. The nurse should monitor this client primarily for risk of:

- A Excessive bleeding (severe anemia can contribute to postpartum hemorrhage)
- B **Hypoxia (low oxygen carrying capacity)**
- C Infection
- D Hypertension

CORRECT**Q-198**

SnleNotes.com



A primigravida in active labor is experiencing severe pain during the first stage of labor. What is the most appropriate pain management option at this stage?

- A **Epidural anesthesia (commonly used for pain relief in active labor)**
- B Opioid analgesics (can be used but may cause neonatal depression)
- C Spinal anesthesia (for cesarean section or late labor)
- D General anesthesia (rare for vaginal delivery)

CORRECT**Q-199**

SnleNotes.com



What hormonal changes occur near the onset of labor?

- A Increased progesterone and decreased prostaglandins
- B **Decreased progesterone and increased prostaglandins**
- C Increased estrogen and decreased oxytocin
- D Decreased cortisol and increased aldosterone

CORRECT**Q-200**

SnleNotes.com



A 7-year-old child weighing 25 kg requires daily maintenance fluids. Using the Holliday-Segar method (4-2-1 rule), the appropriate daily fluid requirement is:

- A 1200 mL/day
- B 1400 mL/day
- C **1600 mL/day**
- D 1800 mL/day

CORRECT**Q-201**

SnleNotes.com



During a physical examination of a male infant, the nurse notes that one testis is not palpable in the scrotum. What is the most likely diagnosis?

- A Hydrocele (fluid-filled swelling)
- B Varicocele (varicose vein)
- C **Cryptorchidism (undescended testis)**
- D Testicular torsion (acute pain, swelling)

CORRECT

Q-202

SnleNotes.com



A patient is diagnosed with measles (rubeola). What type of isolation precautions should be implemented?

- A Contact precautions
- B Droplet precautions
- C Airborne precautions (N95 respirator)**
- D Standard precautions only

CORRECT

Q-203

SnleNotes.com



A patient presents with a widespread maculopapular rash on the palms and soles, characteristic of secondary syphilis. This rash indicates which stage of syphilis?

- A Primary stage (chancre)
- B Secondary stage (rash, mucous patches)**
- C Latent stage (asymptomatic)
- D Tertiary stage (gummas, neurological symptoms)

CORRECT

Q-204

SnleNotes.com



A patient exhibits excessive attention-seeking behavior, emotional instability, and theatrical mannerisms. These symptoms are most consistent with which personality disorder?

- A Borderline personality disorder (instability, impulsivity, abandonment fear)
- B Narcissistic personality disorder (grandiosity, need for admiration)
- C Histrionic personality disorder (dramatic, attention-seeking, shallow emotions)**
- D Antisocial personality disorder (disregard for rights of others)

CORRECT

Q-205

SnleNotes.com



A patient with schizophrenia is taking antipsychotic medication and develops muscle rigidity. What condition is the patient most likely experiencing?

- A Tardive dyskinesia (late onset, involuntary movements)
- B Extrapyramidal side effects (EPS) such as dystonia, akathisia, pseudoparkinsonism**
- C Parkinson disease (unrelated to medication)
- D Neuroleptic malignant syndrome (fever, rigidity, autonomic instability)

CORRECT

Q-206

SnleNotes.com



A patient with hebephrenic (disorganized) schizophrenia is most likely to exhibit which symptom?

- A Flat affect
- B Inappropriate affect and disorganized behavior**
- C Paranoid delusions
- D Catatonic behavior

CORRECT

Q-207

SnleNotes.com



A patient reports hearing voices that tell him to harm himself. What is the priority nursing diagnosis?

- A Risk for violence: self-directed related to command hallucinations**
- B Disturbed thought processes related to psychosis
- C Social isolation related to auditory hallucinations
- D Risk for violence related to auditory hallucinations

CORRECT

Q-208

SnleNotes.com



A patient experiencing a panic attack is hyperventilating. Which acid-base imbalance is most likely to occur?

- A Respiratory acidosis (hypoventilation)
- B Metabolic acidosis
- C Respiratory alkalosis (hyperventilation causes low CO₂)**
- D Metabolic alkalosis

CORRECT

Q-209

SnleNotes.com



How should a nurse assess skin turgor in a neonate to evaluate for dehydration?

- A Pinch the skin on the forehead
- B Pinch the skin on the abdomen using two fingers**
- C Pinch the skin on the chest
- D Pinch the skin on the thigh

CORRECT

Q-210

SnleNotes.com



A child presents with red jelly-like stools suggesting intussusception. What is the most appropriate initial diagnostic and therapeutic intervention?

- A Plain abdominal X-ray
- B Ultrasonography with possible pneumatic or hydrostatic reduction**
- C CT scan of the abdomen
- D Barium enema

CORRECT

Q-211

SnleNotes.com



During which stage of team development do members typically experience conflict, arguments, and resistance to group tasks?

- A Forming (orientation)
- B Storming (conflict and competition)**
- C Norming (cohesion and cooperation)
- D Performing (productive work)

CORRECT

Q-212

SnleNotes.com



A patient is shouting and standing very close to the nurse because he did not receive his dinner. What is the best therapeutic response?

- A Please calm down; I will call the kitchen to bring your food in minutes**
- B We are sorry, but this is a morning shift problem
- C You need to step back and lower your voice immediately
- D Let me get the charge nurse to handle this situation

CORRECT

Q-213

SnleNotes.com



Sudden cases of meningitis appearing during the Hajj season in a specific region would be classified as:

- A Endemic (constant presence in a region)
- B Epidemic (sudden increase in a specific area)**
- C Pandemic (global spread)
- D Sporadic (isolated cases)

CORRECT

Q-214

SnleNotes.com



A patient is experiencing a panic attack with hyperventilation and chest tightness. What is the priority nursing intervention?

A	Provide a calm, quiet environment	CORRECT
B	Administer oxygen with antidepressant medications	
C	Encourage rapid deep breathing exercises	
D	Immediately sedate the patient	

Q-215

SnleNotes.com



A patient is crying and refuses to answer when the nurse asks why. What should the nurse do?

A	Remain with the patient in silence (offering presence)	CORRECT
B	Leave the patient to give privacy	
C	Insist the patient explain their feelings	
D	Call the family to find out what is wrong	

Q-216

SnleNotes.com



A 28-year-old patient presents with sudden unilateral vision loss, eye pain with movement, and central scotoma. Ophthalmologic examination reveals optic disc swelling. What is the most likely underlying condition associated with optic neuritis?

A	Multiple sclerosis (optic neuritis is a common first presentation)	CORRECT
B	Diabetic retinopathy	
C	Hypertensive retinopathy	
D	Glaucoma	

Q-217

SnleNotes.com



A 65-year-old hypertensive patient presents with severe back pain and abdominal pain. On physical examination, a pulsatile abdominal mass is palpated. What is the most likely diagnosis?

A	Aortic aneurysm (abdominal aortic aneurysm)	CORRECT
B	Myocardial infarction	
C	Renal colic	
D	Peptic ulcer disease	

Q-218

SnleNotes.com



A 68-year-old chronic smoker presents with progressive dyspnea and chronic productive cough. Physical examination reveals an increased anteroposterior chest diameter giving a barrel-shaped appearance. What is the most likely diagnosis?

A	Emphysema (barrel chest is characteristic)	CORRECT
B	Pneumonia	
C	Pulmonary edema	
D	Pleural effusion	

Q-219

SnleNotes.com



A nurse is caring for a child who just underwent a tonsillectomy. What is the most appropriate initial positioning for this patient?

A	Position the child supine with head elevated	
B	Position the child in prone position to facilitate drainage	CORRECT
C	Position the child in Trendelenburg position	
D	Position the child in high Fowler's position	

Q-220

SnleNotes.com



After fertilization, the zygote typically enters the uterus for implantation at which stage?

- A 2–4 days (as a morula or early blastocyst)
- B 6–10 days (implantation occurs around day 6–10 after ovulation)**
- C 1–2 days (still in fallopian tube)
- D 10–14 days

CORRECT

Q-221

SnleNotes.com



A nurse involves parents in teaching and educating them about their child's condition. This nursing action represents which ethical principle?

- A Autonomy
- B Beneficence
- C Empowerment (enabling patients and families to take control of their health)**
- D Justice

CORRECT

Q-222

SnleNotes.com



An elderly cancer patient decides to discontinue treatment despite the nurse's recommendations. The nurse respects the patient's decision. This demonstrates which ethical principle?

- A Beneficence (doing good)
- B Non-maleficence (do no harm)
- C Autonomy (respect for patient's self-determination)**
- D Justice (fairness)

CORRECT

Q-223

SnleNotes.com



A nurse is performing a painful procedure on a child. Which intervention would be most appropriate to reduce the child's pain and anxiety?

- A Administer sedation before the procedure
- B Allow the child to choose items for distraction during the procedure**
- C Restrain the child to complete the procedure quickly
- D Perform the procedure without preparation

CORRECT

Q-224

SnleNotes.com



A nurse reviews a normal CTG (cardiotocography) tracing. What is the most appropriate nursing action?

- A Notify the physician immediately
- B Continue routine monitoring and reassure the patient**
- C Reposition the patient
- D Administer oxygen

CORRECT

Q-225

SnleNotes.com



What is the primary purpose of a sharps container in healthcare settings?

- A Store medications safely
- B Dispose of used needles and sharp instruments**
- C Store sterile instruments
- D Collect laboratory specimens

CORRECT

Q-226

SnleNotes.com



After administering an intramuscular injection, what should the nurse avoid doing?

- A Apply gentle pressure to the injection site
- B Massage the injection site vigorously (can cause tissue damage and alter absorption)**
- C Monitor for adverse reactions
- D Document the injection

CORRECT

Q-227

SnleNotes.com



To prevent infection in a TPN triple-lumen catheter, what is the best practice?

- A Dedicate one lumen exclusively for TPN**
- B Change dressing daily (should be sterile every 3–7 days depending on policy)
- C Use any of the three lumens interchangeably daily
- D Rotate lumens every shift

CORRECT

Q-228

SnleNotes.com



Hashimoto thyroiditis (chronic autoimmune thyroiditis) can cause which neurological symptom if untreated?

- A Disorientation (severe hypothyroidism can cause myxedema, confusion)**
- B Seizures
- C Paralysis
- D Memory loss

CORRECT

Q-229

SnleNotes.com



By what percentage does blood volume increase during pregnancy?

- A 30–35%
- B 40–50% (plasma volume increases by about 40–50%)**
- C 55–60%
- D 20–25%

CORRECT

Q-230

SnleNotes.com



A patient with diphtheria requires which type of isolation precautions?

- A Contact precautions
- B Droplet precautions**
- C Airborne precautions
- D Standard precautions only

CORRECT

Q-231

SnleNotes.com



A child presents with growth retardation, splenomegaly, hepatomegaly, and skeletal abnormalities. Which condition is most likely?

- A Sickle cell disease
- B Thalassemia (major or intermedia)**
- C Iron deficiency anemia
- D Hemophilia

CORRECT

Q-232

SnleNotes.com



When administering magnesium sulfate to a pregnant patient, which assessments are essential to monitor for toxicity? (Select all that apply) – The question format expects a single answer, but I will provide the correct combination as per the options.

- | | | |
|----------|---|----------------|
| A | Deep tendon reflexes, respiratory rate, urinary output | CORRECT |
| B | Blood pressure only | |
| C | Fetal heart rate only | |
| D | Temperature and pulse only | |

Q-233

SnleNotes.com



When a nurse provides information to a family so they can make healthcare decisions, this represents:

- | | | |
|----------|-------------------|----------------|
| A | Enabling | |
| B | Empowering | CORRECT |
| C | Advocating | |
| D | Counseling | |

Q-234

SnleNotes.com



A patient who is overly focused on past events during therapy and avoids discussing present issues is demonstrating:

- | | | |
|----------|--|----------------|
| A | Resistance (unconscious defense against exploring certain topics) | CORRECT |
| B | Counter-resistance | |
| C | Transference (projecting feelings onto therapist) | |
| D | Counter-transference (therapist's feelings toward patient) | |

Q-235

SnleNotes.com



A pregnant woman at 39 weeks gestation presents with ruptured membranes but no contractions. What is the priority nursing action?

- | | | |
|----------|--|----------------|
| A | Notify the physician immediately | |
| B | Prepare for immediate cesarean section | |
| C | Attach CTG to monitor fetal heart rate (assess fetal well-being after rupture of membranes) | CORRECT |
| D | Position patient in Trendelenburg | |

Q-236

SnleNotes.com



A patient develops bone and joint pain, fever, and malaise weeks after cardiac surgery. This most likely represents:

- | | | |
|----------|---|----------------|
| A | Cardiac tamponade | |
| B | Postcardiotomy syndrome (an inflammatory reaction) | CORRECT |
| C | Infective endocarditis | |
| D | Pulmonary embolism | |

Q-237

SnleNotes.com



Documentation in nursing practice is:

- | | | |
|----------|---|----------------|
| A | An optional activity when time permits | |
| B | A hindrance to patient safety and self-care | |
| C | An integral part of every nurse's job (legal and professional requirement) | CORRECT |
| D | Only required for high-risk patients | |

Q-238

SnleNotes.com



A child with a respiratory infection produces yellow sputum and has abnormal breath sounds. Which adventitious sound would most likely be heard?

- A Wheezing (high-pitched, musical)
- B Rhonchi (low-pitched, snoring, often clears with cough)**
- C Stridor (harsh, inspiratory, upper airway)
- D Fine crackles (high-pitched, interstitial fluid)

CORRECT

Q-239

SnleNotes.com



A patient taking haloperidol (an antipsychotic) develops pseudoparkinsonism (tremor, rigidity, bradykinesia). This is a common side effect of which type of medication?

- A Pseudoparkinsonism (extrapyramidal symptom)**
- B Hypertension
- C Bradycardia
- D Hyperglycemia

CORRECT

Q-240

SnleNotes.com



A patient with active pulmonary tuberculosis is admitted. What type of isolation is required?

- A Contact precautions
- B Droplet precautions
- C Airborne precautions**
- D Standard precautions

CORRECT

Q-241

SnleNotes.com



The primary method to prevent tuberculosis transmission at the community level in high-burden countries is:

- A BCG vaccine**
- B N95 respirator masks
- C Hand hygiene
- D Surface disinfection

CORRECT

Q-242

SnleNotes.com



A nurse is discussing a patient's private information in the hallway. What should you remind her about?

- A Patient autonomy
- B Confidentiality**
- C Informed consent
- D Documentation standards

CORRECT

Q-243

SnleNotes.com



Two nurses are having a disagreement about patient care in front of others. What is the most appropriate action?

- A Report them to the supervisor immediately
- B Talk with them privately about concerns (address conflict discreetly)**
- C Document the incident in writing
- D Ignore the situation

CORRECT

Q-244

SnleNotes.com



A patient's gown becomes soiled during a procedure. What should the nurse do?

- A Continue with the procedure
- B Document the incident
- C Go and change the gown (maintain patient dignity and hygiene)**
- D Ask the patient to change it

CORRECT

Q-245

SnleNotes.com



What is the antidote for magnesium sulfate toxicity?

A	Calcium gluconate	CORRECT
B	Naloxone	
C	Flumazenil	
D	Atropine	

Q-246

SnleNotes.com



An infant with pyloric stenosis presents with projectile vomiting. What is the primary symptom of this condition?

A	Diarrhea	
B	Vomiting (non-bilious, projectile)	CORRECT
C	Fever	
D	Constipation	

Q-247

SnleNotes.com



Which patient should not receive live vaccines (e.g., MMR, varicella, yellow fever)?

A	Patient with diabetes	
B	Patient taking high-dose steroids (immunosuppressed)	CORRECT
C	Patient with hypertension	
D	Elderly patient	

Q-248

SnleNotes.com



A postpartum woman has a contracted (firm) uterus but continues to bleed heavily. What is the most likely cause?

A	Uterine atony (uterus would be boggy)	
B	Retained placenta	
C	Perineal or vaginal lacerations	CORRECT
D	Coagulation disorder	

Q-249

SnleNotes.com



A patient with spina bifida (myelomeningocele) has a surgical wound. What type of dressing is most appropriate to keep the wound moist and promote healing?

A	Dry sterile dressing	
B	Moist (non-adherent) dressing	CORRECT
C	Pressure dressing	
D	No dressing needed	

Q-250

SnleNotes.com



A patient has eye pain with yellow-green discharge. What should you advise?

A	Apply warm compresses	
B	Avoid touching the eyes (prevent spread of infection)	CORRECT
C	Use antibiotic drops (prescribed)	
D	Flush with normal saline	

Q-251

SnleNotes.com



What is the primary purpose of a Pap smear (Papanicolaou test)?

A	Detect ovarian cancer	
B	Detect cervical cancer (precancerous and cancerous cells)	CORRECT
C	Diagnose pregnancy	
D	Screen for STDs	

Q-252

SnleNotes.com



During pregnancy, which hormone is primarily secreted by the placenta to maintain the uterine lining?

- A Estrogen
- B Progesterone
- C Oxytocin
- D Prolactin

CORRECT

Q-253

SnleNotes.com



Which strategy is most effective in reducing the spread of tuberculosis in the community?

- A Implementing a national BCG vaccination campaign
- B Contact tracing, screening, and treatment of active and latent cases
- C Improving ventilation systems
- D Regular chest X-rays

CORRECT

Q-254

SnleNotes.com



A patient with pregnancy-induced hypertension (PIH) is at highest risk. Which condition predisposes to PIH?

- A Multiple pregnancy (e.g., twins, triplets)
- B Maternal age under 20
- C Single pregnancy
- D Low maternal weight

CORRECT

Q-255

SnleNotes.com



A patient with sepsis typically presents with which clinical manifestation?

- A Bradycardia
- B Hypothermia or hyperthermia
- C Tachycardia (early sign)
- D Decreased respiratory rate

CORRECT

Q-256

SnleNotes.com



To reduce separation anxiety in hospitalized children, the nurse should:

- A Increase the number of nursing staff
- B Decrease the number of nursing staff (consistent caregivers)
- C Limit parental visits
- D Restrict visiting hours

CORRECT

Q-257

SnleNotes.com



A postpartum client with a history of hemorrhage has been having uterine contractions for 4 hours and needs to use the bathroom. What should the nurse do?

- A Give her a bedpan
- B Help her sit up first, then assist to stand (prevent falls and orthostatic hypotension)
- C Allow her to walk independently
- D Catheterize the patient

CORRECT

Q-258

SnleNotes.com



To evaluate if a mother understands umbilical cord care instructions, the nurse should ask her to:

- A Explain the procedure in her own words
- B Demonstrate the cleaning technique (return demonstration)
- C Repeat the written instructions
- D Sign a consent form

CORRECT

Q-259

SnleNotes.com



When involving families in patient care, the nurse is practicing:

- A Enabling
- B Empowering**
- C Encouraging
- D Educating

CORRECT

Q-260

SnleNotes.com



A patient is found unconscious without a pulse. The medical record indicates no DNR order. What should the nurse do?

- A Do not resuscitate due to patient condition
- B Begin CPR immediately**
- C Wait for physician orders
- D Call the family first

CORRECT

Q-261

SnleNotes.com



A woman is having irregular contractions that decrease with walking. Which symptom indicates false labor rather than true labor?

- A Cervical dilation and effacement (true labor)
- B Irregular contractions that decrease with activity (false labor, Braxton-Hicks)**
- C Progressive cervical changes (true labor)
- D Regular, increasing contractions (true labor)

CORRECT

Q-262

SnleNotes.com



Which laboratory test is the gold standard for confirming the diagnosis of sickle cell anemia?

- A Sickling test (Sicklelex) – screening
- B Hemoglobin electrophoresis (definitive)**
- C Complete blood count
- D Reticulocyte count

CORRECT

Q-263

SnleNotes.com



After tonsillectomy, what is the appropriate position for the patient to promote drainage and prevent aspiration?

- A Supine with head elevated
- B Side-lying to promote drainage**
- C Prone position
- D High Fowler position

CORRECT

Q-264

SnleNotes.com



A 28-year-old primigravida at 16 weeks gestation presents with dark brown vaginal discharge. Investigation reveals a decline in pregnancy test levels and ultrasound shows a nonviable pregnancy with no fetal heartbeat. The cervical os is closed. What is the most likely type of spontaneous abortion?

- A Missed abortion (nonviable pregnancy retained, closed os)**
- B Threatened abortion (viable, closed os, bleeding)
- C Incomplete abortion (open os, some tissue passed)
- D Inevitable abortion (open os, no tissue passed)

CORRECT

Q-265

SnleNotes.com



An infant has undergone cleft lip repair surgery. What is the optimal position to protect the suture line and prevent stress on the repair?

- A Supine position
- B Prone position
- C Side-lying position

D Upright or semi-upright position

CORRECT

Q-266

SnleNotes.com



A mother with 9 children is experiencing difficulty coping with family management. What is the primary factor influencing her situation?

A Physical health problems

B Socioeconomic factors (financial strain, lack of resources)

CORRECT

C Educational level only

D Age of the children

Q-267

SnleNotes.com



What is the most effective method for preventing tuberculosis transmission in healthcare settings?

A Universal precautions only

B Airborne precautions with negative pressure rooms (and N95 respirators)

CORRECT

C Contact precautions

D Droplet precautions

Q-268

SnleNotes.com



What is the primary nursing consideration for a patient preparing for Hajj pilgrimage?

A Medication management only

B Pre-travel health assessment and vaccinations

CORRECT

C Travel insurance verification

D Spiritual counseling

Q-269

SnleNotes.com



Which vaccine is considered primary (mandatory) for Hajj pilgrims to prevent meningococcal disease?

A Meningococcal vaccine

CORRECT

B Hepatitis A vaccine

C Yellow fever vaccine

D Typhoid vaccine

Q-270

SnleNotes.com



A patient is taking oral iron supplements for iron deficiency anemia. Which beverage enhances iron absorption?

A Orange juice (vitamin C)

CORRECT

B Apple juice

C Milk (calcium inhibits absorption)

D Coffee (inhibits absorption)

Q-271

SnleNotes.com



A child after tonsillectomy and adenoidectomy is ready for clear liquids. Which juice is most appropriate to avoid irritation and bleeding risk?

- A Orange juice (acidic, irritating)
- B Apple juice (non-acidic, clear)
- C Cranberry juice (acidic)
- D Grape juice (may be acidic)

CORRECT

Q-272

SnleNotes.com



A patient collapses in the cafeteria and appears to be choking, unable to speak. What is the first action the nurse should take?

- A Call for help
- B Begin chest compressions
- C Perform abdominal thrusts (Heimlich maneuver)
- D Check for pulse

CORRECT

Q-273

SnleNotes.com



A 9-year-old child has a simple fracture of the tibia. What is the typical bone healing time for a child this age?

- A 4–6 weeks (children heal faster than adults)
- B 6–8 weeks
- C 8–10 weeks
- D 10–12 weeks

CORRECT

Q-274

SnleNotes.com



A nurse is teaching a new mother about newborn bathing. How often should a newborn be bathed?

- A Daily with soap and water
- B Twice a week with warm water and mild soap
- C Every other day with plain water
- D Three times a week with antiseptic soap

CORRECT

Q-275

SnleNotes.com



A patient after an open appendectomy should be placed in which position to promote comfort and facilitate drainage?

- A Supine
- B Fowler's position (semi-upright)
- C Prone
- D Left lateral

CORRECT

Q-276

SnleNotes.com



The rising prevalence of obesity in Saudi Arabia over the past two decades is best described as:

- A Endemic (constant presence)
- B Epidemic (rapid increase in a specific population)
- C Pandemic (worldwide)
- D Sporadic (isolated cases)

CORRECT

Q-277

SnleNotes.com



MERS-CoV (Middle East Respiratory Syndrome Coronavirus) is primarily transmitted through:

- A Airborne droplets (respiratory transmission)
- B Direct contact
- C Fecal–oral route
- D Vector–borne

CORRECT

Q-278

SnleNotes.com



Tuberculosis is transmitted through which route?

- A Contact transmission
- B Airborne transmission (droplet nuclei)**
- C Droplet transmission (large droplets)
- D Vector-borne transmission

CORRECT

Q-279

SnleNotes.com



Rotavirus gastroenteritis is primarily transmitted through:

- A Airborne droplets
- B Fecal-oral route**
- C Direct contact
- D Blood contact

CORRECT

Q-280

SnleNotes.com



A nurse finds a dose of acetaminophen left on a table by another nurse. What should be the first action?

- A Dispose of the medication
- B Verify the patient room number and check the medication chart before administering (or discarding if not verified)**
- C Return it to the pharmacy
- D Give it to the patient

CORRECT

Q-281

SnleNotes.com



What is the recommended Hepatitis B vaccination schedule for infants?

- A 0, 1, 6 months (birth, 1-2 months, 6-18 months)**
- B 0, 2, 4 months
- C 0, 1, 2 months
- D 0, 3, 6 months

CORRECT

Q-282

SnleNotes.com



A patient with preeclampsia requires close monitoring. What are the two primary parameters the nurse should closely monitor?

- A Blood pressure and proteinuria**
- B Heart rate and blood glucose
- C Temperature and respiratory rate
- D Oxygen saturation and urine output

CORRECT

Q-283

SnleNotes.com



A pregnant woman presents with vaginal bleeding and abdominal pain. Ultrasound reveals tissue at the cervical os, and the internal os is open. What type of abortion is this?

- A Inevitable abortion (open os, bleeding, no tissue passed yet)**
- B Threatened abortion (closed os, bleeding)
- C Incomplete abortion (open os, some tissue passed)
- D Missed abortion (closed os, nonviable)

CORRECT

Q-284

SnleNotes.com



A woman delivers in the emergency department due to no available beds. What is the most common cause of postpartum hemorrhage the nurse should anticipate?

A Uterine atony (most common cause overall)

CORRECT

B Cervical lacerations

C Retained placental fragments

D Coagulation disorders

Q-285

SnleNotes.com



A postpartum patient has a firm, contracted uterus but continues to have a steady trickle of bright red bleeding. What is the most likely cause?

A Perineal or vaginal laceration

CORRECT

B Uterine atony (boggy uterus)

C Retained placental tissue

D Coagulation disorder

Q-286

SnleNotes.com



An infant refuses both breastfeeding and bottle feeding. What is the most appropriate immediate nursing intervention?

A Start IV 5% dextrose (if ordered, after assessing for hypoglycemia)

CORRECT

B Force feed with a syringe

C Wait until the baby gets hungry

D Offer different formula types

Q-287

SnleNotes.com



A child presents with a fracture. How should the nurse assess for compromised circulation (neurovascular status)?

A Check capillary refill time after blanching

CORRECT

B Assess skin temperature only

C Check pulse rate

D Observe skin color changes

Q-288

SnleNotes.com



A mother refuses to vaccinate her child. What is the best nursing response?

A Educate that vaccination prevents serious diseases (provide evidence-based information)

CORRECT

B Respect her decision completely without discussion

C Threaten to call child services

D Schedule a follow-up appointment only

Q-289

SnleNotes.com



A nurse is about to administer digoxin to a patient with a potassium level of 5.8 mEq/L (high) and low magnesium. What should the nurse do?

A Notify the physician (high potassium increases risk of digoxin toxicity, especially with hypomagnesemia)

CORRECT

B Give the medication as ordered

C Withhold the medication only

D Check normal values first

Q-290

SnleNotes.com



A nurse finds a patient who has fallen on the floor during the night shift. What is the first priority action?

A	Assess for injury and take vital signs	CORRECT
B	Help the patient up immediately	
C	File an incident report first	
D	Ask another nurse to handle it	

Q-291

SnleNotes.com



A nurse wants to establish the effectiveness of a prevention intervention based on multiple previous studies. What type of research method is most appropriate?

A	Systematic review (and meta-analysis)	CORRECT
B	Case study	
C	Experimental design (RCT)	
D	Survey research	

Q-292

SnleNotes.com



A nurse overhears colleagues discussing confidential patient information in the hallway. What is the most appropriate action?

A	Advise them privately about confidentiality	CORRECT
B	Report to supervisor immediately	
C	Ignore the situation	
D	Join the conversation	

Q-293

SnleNotes.com



Vitamin D absorption is enhanced when taken with which vitamin?

A	Vitamin A	
B	Vitamin C	
C	Vitamin E	
D	Vitamin K	CORRECT

Q-294

SnleNotes.com



A newborn is delivered to a mother with gestational diabetes mellitus (GDM). What is the priority nursing intervention for this infant?

A	Initiate oral feeding immediately	
B	Monitor blood glucose levels closely	CORRECT
C	Administer IV fluids	
D	Start phototherapy	

Q-295

SnleNotes.com



As a charge nurse, you witness a conflict between a physician and a staff nurse regarding patient care. What is your most appropriate initial action?

A	Ignore the situation and let them resolve it	
B	Document the incident immediately	
C	Intervene calmly and facilitate communication between both parties	CORRECT
D	Report the physician to administration	

Q-296

SnleNotes.com



A patient states he read online that nitroglycerin should be taken every 3 minutes, but the hospital policy states every 5 minutes. He refuses to follow the policy. What is the nurse's best response?

A Tell the patient he must follow hospital policy

B Explain the rationale for the 5-minute interval (to prevent hypotension) and address his concerns

CORRECT

C Give the medication according to his preference

D Contact the physician to change the order

Q-297

SnleNotes.com



A breastfeeding mother asks about the best position for nighttime feeding to allow both mother and baby to rest. Which position is most beneficial?

A Cradle hold

B Cross-cradle hold

C Side-lying position

CORRECT

D Football hold

Q-298

SnleNotes.com



A nurse is assessing a pregnant woman at 36 weeks of gestation. The fundal height is expected to correspond closely with the gestational age in weeks. What is the approximate fundal height in centimeters at this stage of pregnancy?

A 30 cm

B 36 cm

CORRECT

C 32 cm

D 40 cm

Q-299

SnleNotes.com



A patient has overdosed on morphine and is unresponsive with pinpoint pupils and respiratory depression. What is the antidote?

A Flumazenil (benzodiazepine antidote)

B Naloxone (opioid antagonist)

CORRECT

C Atropine (for bradycardia)

D Epinephrine (for anaphylaxis)

Q-300

SnleNotes.com



A patient has an arterial blood gas: pH 7.25, PaCO₂ 55 mmHg, HCO₃⁻ 24 mEq/L. This represents which acid-base imbalance?

A Compensated respiratory acidosis (HCO₃ would be elevated if chronic)

B Uncompensated respiratory acidosis (low pH, high CO₂, normal HCO₃)

CORRECT

C Compensated metabolic acidosis

D Uncompensated metabolic acidosis

Q-301

SnleNotes.com



A patient with prolonged vomiting from gastric outlet obstruction would most likely develop which acid-base imbalance?

A Respiratory acidosis

B Respiratory alkalosis

C Metabolic acidosis

D Metabolic alkalosis (loss of gastric acid, H⁺ and Cl⁻)

CORRECT

Q-302

SnleNotes.com



A patient with active pulmonary tuberculosis is admitted to the hospital. What type of isolation precautions should be implemented?

- A Contact precautions
- B Droplet precautions
- C Airborne precautions**
- D Standard precautions only

CORRECT

Q-303

SnleNotes.com



Which medication is considered first-line treatment for active tuberculosis?

- A Amoxicillin
- B Isoniazid (part of the 4-drug regimen: INH, rifampin, ethambutol, pyrazinamide)**
- C Ciprofloxacin
- D Azithromycin

CORRECT

Q-304

SnleNotes.com



An 18-month-old child is due for routine immunizations. Which vaccination is typically administered at this age?

- A Hepatitis B vaccine (birth, 1–2 months, 6–18 months)
- B MMR booster (first dose at 12–15 months, booster at 4–6 years, but some schedules give second dose at 18 months)**
- C DTaP booster (given at 15–18 months)
- D Rotavirus vaccine (given at 2,4,6 months)

CORRECT

Q-305

SnleNotes.com



A newborn with a cleft lip is being prepared for feeding. What is the most appropriate nursing intervention?

- A Use a standard bottle with regular nipple
- B Position the infant supine during feeding
- C Use a specialized feeder with a soft squeezable bottle (e.g., Haberman feeder)**
- D Feed only through nasogastric tube

CORRECT

Q-306

SnleNotes.com



What is the safest sleep position for a healthy infant to reduce the risk of Sudden Infant Death Syndrome (SIDS)?

- A Side-lying position
- B Prone position (on stomach)
- C Supine position (on back)**
- D Any position is acceptable

CORRECT

Q-307

SnleNotes.com



A mother with gestational diabetes delivers a baby. What is the most common immediate complication in the newborn?

- A Hyperglycemia
- B Hypoglycemia**
- C Hyponatremia
- D Hypercalcemia

CORRECT

Q-308

SnleNotes.com



A patient returns from appendectomy surgery. What is the most appropriate initial position for this patient?

- A Trendelenburg position
- B Left lateral position
- C Semi-Fowler's position (to reduce tension on incision and promote drainage)**
- D Prone position

CORRECT

Q-309

SnleNotes.com



An epidemic refers to the occurrence of disease that is:

- A Always present in a community at expected levels (endemic)
- B Occurs in multiple countries simultaneously (pandemic)
- C **Occurs in excess of normal expectancy in a community**
- D Affects only immunocompromised individuals

CORRECT

Q-310

SnleNotes.com



A 3-week-old infant presents with projectile vomiting and a palpable olive-shaped mass in the epigastrium. Which condition is most likely?

- A Intussusception (sausage-shaped mass)
- B **Pyloric stenosis**
- C Gastroesophageal reflux
- D Necrotizing enterocolitis

CORRECT

Q-311

SnleNotes.com



A psychiatric patient is prescribed a benzodiazepine (e.g., alprazolam) for anxiety. Which substance should be avoided while taking this medication?

- A Caffeine
- B **Alcohol (can cause severe CNS depression, respiratory depression)**
- C Vitamin supplements
- D Over-the-counter pain relievers

CORRECT

Q-312

SnleNotes.com



Which type of leadership style involves shared decision-making between the leader and team members?

- A Autocratic
- B **Democratic**
- C Laissez-faire
- D Cooperative

CORRECT

Q-313

SnleNotes.com



What is the correct sequence for putting on personal protective equipment (PPE)?

- A Gloves, gown, mask, eye protection
- B **Gown, mask, eye protection, gloves**
- C Mask, gown, gloves, eye protection
- D Eye protection, mask, gown, gloves

CORRECT